

INTEGRATING AUGMENTED REALITY WITH TRADITIONAL PAKISTANI TEXTILE DESIGNS FOR IMMERSIVE CULTURAL EXPERIENCES

Anum Mahmood¹, Muhammad Husnain², Eman³

¹Lecturer, Department of Fine Arts, University of Okara

²Department of Arts University of Peshawar Pakistan

³Department of Arts University of Peshawar Pakistan

¹anummahmood@uo.edu.pk, ²husnain.muhammad@gamil.com

DOI: <https://doi.org/10.5281/zenodo.20117738>

Keywords

Augmented Reality, Traditional Pakistani Textiles, Immersive Cultural Experience, Digital Heritage Preservation, Cultural Awareness, User Engagement, Textile Heritage, Interactive Technology, Experiential Learning, Cultural Sustainability

Article History

Received: 12 March 2026

Accepted: 22 April 2026

Published: 11 May 2026

Copyright @Author

Corresponding Author: *

Anum Mahmood

Abstract

This study investigated the integration of Augmented Reality (AR) with traditional Pakistani textile designs to create immersive cultural experiences and support digital heritage preservation. The research aimed to examine the impact of AR-based visualization on user engagement, cultural awareness, educational interaction, and heritage preservation support. A quantitative research approach with a descriptive and explanatory design was adopted. Data were collected from 300 respondents, including university students, textile designers, cultural heritage professionals, museum visitors, and digital media users in Pakistan. A structured questionnaire based on a five-point Likert scale was used for data collection, and the collected data were analyzed using descriptive statistics, correlation analysis, and regression analysis through SPSS. The findings revealed that AR immersive experiences significantly enhanced user engagement, cultural appreciation, and educational interaction related to traditional Pakistani textile heritage. The results further demonstrated strong positive relationships between AR integration and participants' support for heritage preservation. AR immersive experience emerged as the strongest predictor of cultural engagement and preservation support, indicating that interactive digital environments effectively transform traditional textile artifacts into engaging learning and cultural communication platforms. The study concluded that integrating AR with traditional Pakistani textile designs provides an innovative approach for preserving indigenous cultural heritage while simultaneously increasing accessibility, experiential learning, and global cultural visibility. The research contributes to the fields of digital heritage preservation, immersive technology, cultural studies, and textile innovation by proposing AR as an effective medium for sustaining traditional craftsmanship in the modern digital era.

INTRODUCTION

The integration of digital technologies into cultural preservation has transformed the ways societies document, experience, and sustain their intangible heritage. Among these technologies, Augmented Reality has emerged as a powerful medium for enhancing user engagement by overlaying virtual information onto real-world environments in real time. AR

enables users to interact with cultural artifacts, narratives, and artistic traditions through immersive and participatory experiences that bridge the gap between physical heritage and digital innovation. Recent advancements in mobile computing, computer vision, and wearable interfaces have accelerated the application of AR in museums, cultural tourism,

heritage education, and textile visualization systems.

Pakistan possesses a rich and diverse textile heritage that reflects centuries of cultural evolution, regional craftsmanship, and indigenous artistic knowledge. Traditional textile forms such as Ajrak, Ralli, Sindhi embroidery, Balochi needlework, Kashmiri shawls, and Phulkari embroidery represent not only decorative practices but also social identity, historical continuity, and symbolic communication within local communities. These textile traditions embody intangible cultural values that are transmitted across generations through artisan knowledge and handcrafted techniques. However, globalization, industrialization, and the declining interest of younger generations in traditional crafts have threatened the sustainability and visibility of these heritage practices. Researchers have highlighted that digital transformation platforms can play a critical role in revitalizing textile heritage while simultaneously preserving cultural authenticity.

The growing convergence of AR and cultural heritage preservation offers innovative opportunities for revitalizing traditional textile designs through interactive storytelling and immersive visualization. AR applications allow users to scan textile patterns and instantly access layered multimedia content such as historical narratives, artisan demonstrations, symbolic interpretations, and three-dimensional visual reconstructions. Such interactive environments enhance cognitive engagement, emotional connection, and experiential learning among users. Recent studies demonstrate that immersive AR systems significantly improve user participation and cultural appreciation by transforming passive observation into active interaction.

In the context of textile heritage, AR technologies have increasingly been explored for digital fashion preservation and cultural communication. Contemporary research indicates that AR-based fashion systems can preserve traditional aesthetics while adapting them for modern audiences through virtual exhibitions, digital garment visualization, and interactive wearable experiences. Furthermore, the integration of AR with artificial intelligence, machine learning, and smart textile systems has

expanded the possibilities for multisensory cultural engagement. These technological approaches facilitate the recognition of textile motifs, interpretation of symbolic patterns, and contextual presentation of indigenous narratives associated with fabric traditions.

In Pakistan, the adoption of immersive technologies for cultural heritage remains at an emerging stage despite the country's vast artistic and textile resources. Existing digital heritage initiatives have primarily focused on architecture, tourism, and historical documentation, while limited scholarly attention has been directed toward integrating AR with traditional Pakistani textile designs. This gap highlights the need for innovative frameworks capable of digitally preserving textile heritage while simultaneously creating engaging user experiences for educational, commercial, and cultural tourism purposes. Recent discussions on AI-driven immersive cultural narratives in Pakistan emphasize the importance of integrating interactive technologies with local cultural expressions to promote heritage sustainability and global visibility.

Integrating AR with traditional Pakistani textile designs can significantly contribute to cultural education, creative industries, tourism development, and digital heritage preservation. Through immersive visualization, users can explore the historical origins, symbolic meanings, production processes, and regional identities embedded within textile motifs. Such systems may also support artisans and designers by increasing public awareness, market accessibility, and cultural appreciation of indigenous textile products. Additionally, AR-driven cultural experiences can foster intergenerational engagement by presenting traditional crafts in technologically appealing formats suited to digitally connected audiences. Therefore, the integration of AR with traditional Pakistani textile designs represents an innovative interdisciplinary approach that combines cultural heritage preservation, interactive technology, and immersive user experience design. By digitally transforming textile traditions into engaging visual and narrative experiences, AR can enhance cultural sustainability while preserving the authenticity and historical significance of Pakistani textile heritage in the contemporary digital era.

Problem Statement

Traditional Pakistani textile designs represent a significant component of the country's cultural heritage, reflecting centuries of artistic craftsmanship, regional identity, indigenous knowledge, and social traditions. Textile forms such as Ajrak, Ralli, Phulkari, Sindhi embroidery, and Balochi needlework carry symbolic meanings and historical narratives that contribute to Pakistan's cultural diversity and national identity. Despite their cultural importance, these traditional textile practices face increasing threats due to globalization, industrial mass production, declining artisan participation, limited digital documentation, and changing consumer preferences toward modernized fashion trends. As a result, many traditional textile patterns, techniques, and cultural narratives are gradually losing visibility and relevance among younger generations and global audiences.

At the same time, advancements in immersive technologies such as Augmented Reality (AR) have transformed the ways cultural heritage is preserved, communicated, and experienced. AR enables the integration of virtual content into real-world environments, creating interactive and engaging experiences that enhance user learning, participation, and cultural appreciation. Globally, AR has been increasingly utilized in museums, tourism, fashion industries, and heritage education to promote intangible cultural assets through immersive storytelling and digital visualization. However, within the Pakistani context, the application of AR for preserving and promoting traditional textile heritage remains limited and underexplored.

Existing textile preservation approaches in Pakistan largely rely on conventional exhibitions, printed archives, and static digital platforms that often fail to provide interactive engagement or experiential learning opportunities. These traditional methods are insufficient in attracting digitally oriented audiences who increasingly prefer immersive and technology-driven experiences. Furthermore, there is limited integration between traditional textile artistry and emerging digital technologies capable of enhancing cultural communication, accessibility, and

global outreach. The absence of interactive systems for digitally visualizing textile heritage reduces opportunities for artisans, educators, cultural institutions, and tourism sectors to effectively promote Pakistani textile traditions in contemporary digital environments.

Moreover, there is a lack of empirical research examining how AR can enhance user engagement, cultural awareness, educational experiences, and emotional connection with traditional Pakistani textile designs. Insufficient scholarly attention has been given to the development of immersive AR frameworks specifically tailored to Pakistani cultural contexts and indigenous textile aesthetics. This research gap highlights the need for innovative technological solutions that can digitally preserve traditional textile heritage while simultaneously creating immersive cultural experiences capable of engaging both local and international audiences.

Therefore, this study seeks to address the problem by investigating the integration of Augmented Reality with traditional Pakistani textile designs to create immersive cultural experiences that support cultural preservation, enhance interactive learning, promote digital heritage engagement, and strengthen the visibility of indigenous textile traditions in the modern technological era.

Research Questions

1. How can Augmented Reality be integrated with traditional Pakistani textile designs to create immersive cultural experiences?
2. What impact does AR-based textile visualization have on user engagement and cultural awareness?
3. How does the integration of AR enhance the educational and interactive experience associated with traditional Pakistani textile heritage?
4. What challenges and opportunities exist in implementing AR technologies for preserving Pakistani textile traditions?
5. How can immersive AR experiences contribute to the digital preservation and global promotion of Pakistani textile culture?

Research Objectives

General Objective

To investigate the integration of Augmented Reality with traditional Pakistani textile designs for creating immersive cultural experiences and enhancing digital heritage preservation.

Specific Objectives

1. To explore methods for integrating Augmented Reality technologies with traditional Pakistani textile designs.
2. To examine the effect of AR-based immersive experiences on user engagement and cultural appreciation.
3. To evaluate the role of AR in improving educational interaction and experiential learning related to textile heritage.
4. To identify the challenges and opportunities associated with implementing AR for cultural textile preservation in Pakistan.
5. To propose an interactive AR framework for promoting and preserving traditional Pakistani textile heritage in digital environments.

Significance of the Study

This study is significant because it contributes to the preservation and promotion of Pakistan's traditional textile heritage through the integration of Augmented Reality technologies. Traditional textile designs such as Ajrak, Ralli, Phulkari, Sindhi embroidery, and Balochi craftsmanship represent valuable cultural assets that are increasingly threatened by globalization, industrialization, and declining public engagement. By introducing immersive AR experiences, the study provides an innovative approach to digitally preserving these indigenous artistic traditions while enhancing their accessibility and relevance in contemporary society.

The research is academically significant as it expands the existing body of knowledge in the fields of cultural heritage preservation, immersive technology, digital humanities, and textile design innovation. It addresses the limited scholarly work on the application of AR within the Pakistani cultural context and offers a foundation for future interdisciplinary research combining technology, design, and heritage studies.

From a technological perspective, the study demonstrates how AR can transform static

cultural artifacts into interactive and engaging learning experiences. The integration of digital visualization, virtual storytelling, and real-time interaction can improve user engagement, cultural understanding, and experiential learning among students, researchers, tourists, and general audiences. This supports the growing demand for immersive educational technologies in cultural institutions and digital heritage platforms.

The study is also significant for artisans, designers, and the textile industry because it creates opportunities for increasing the visibility and market value of traditional Pakistani textile products. AR-based platforms can promote indigenous craftsmanship to global audiences, support digital marketing strategies, and encourage the commercialization of cultural products without compromising cultural authenticity.

Furthermore, the research has practical implications for museums, cultural organizations, tourism authorities, and policymakers by proposing innovative methods for cultural promotion and heritage sustainability. Immersive AR experiences can strengthen cultural tourism, enhance museum exhibitions, and encourage younger generations to engage with traditional heritage through modern technological mediums.

Overall, this study contributes to cultural sustainability by bridging the gap between traditional Pakistani textile heritage and emerging digital technologies, ensuring that indigenous artistic identities are preserved, experienced, and appreciated in the evolving digital era.

Literature Review

The integration of Augmented Reality (AR) into cultural heritage preservation has gained significant scholarly attention due to its ability to create immersive, interactive, and educational experiences. AR is defined as a technology that overlays virtual elements onto the real-world environment, enabling users to interact simultaneously with physical and digital content. Researchers have emphasized that AR enhances user engagement by transforming passive observation into active participation, thereby improving knowledge retention, cultural appreciation, and experiential learning. In the

context of heritage preservation, AR has increasingly been applied to museums, historical sites, tourism, and digital storytelling to revitalize cultural narratives and increase accessibility for wider audiences.

Cultural heritage preservation has become a major concern in the digital era as globalization and modernization continue to threaten traditional artistic practices and indigenous identities. Traditional textile heritage, in particular, represents a vital form of intangible cultural expression that embodies historical narratives, social values, craftsmanship, and regional identities. According to UNESCO, intangible cultural heritage includes traditions, skills, and artistic practices transmitted across generations, many of which are vulnerable to extinction without technological intervention and documentation. Pakistani textile traditions such as Ajrak, Ralli quilting, Sindhi embroidery, Kashmiri shawls, and Balochi needlework are recognized as important cultural assets reflecting centuries of artisanal knowledge and aesthetic innovation. However, industrial textile production and changing consumer behavior have reduced the visibility and economic sustainability of these traditional crafts.

Previous studies have demonstrated that digital technologies can play an important role in preserving textile heritage and enhancing public interaction with traditional crafts. Wang (2021) developed an AR museum experience using textile-based capacitive sensors to improve audience interaction with cultural artifacts. The study concluded that immersive interfaces significantly increased user engagement and emotional connection with heritage objects. Similarly, Zhao (2025) highlighted the importance of AR in digital fashion preservation, emphasizing that immersive visualization technologies can sustain traditional textile aesthetics while adapting them for contemporary audiences. The research further indicated that AR-based systems facilitate interactive learning and support global exposure for indigenous textile traditions.

Researchers have also explored the role of AR in creating immersive storytelling environments for cultural education. Rosli et al. (2026) investigated gamified AR storytelling in heritage museums and found that immersive experiences improved cultural understanding, user

satisfaction, and educational outcomes. The study suggested that integrating interactive multimedia components such as 3D visualization, animation, and audio narration enhances audience participation and emotional immersion. These findings are consistent with constructivist learning theories, which propose that interactive environments encourage active knowledge construction and deeper cognitive engagement.

In the field of textile and fashion innovation, digital platforms have increasingly been used to modernize traditional designs while preserving their cultural identity. Mehmood et al. (2025) examined the transformation of traditional textile products through digital technology platforms, particularly focusing on Ralli and patchwork traditions. The researchers argued that digital integration supports cultural sustainability by improving the accessibility, documentation, and commercial viability of indigenous textile products. Furthermore, smart textile systems and wearable technologies have expanded opportunities for combining traditional aesthetics with immersive digital experiences. Wang and Guo (2025) explored immersive cultural tourism experiences using smart textile wearable devices and reported that users exhibited greater emotional attachment and cultural appreciation when interacting with digitally enhanced textile narratives.

The application of AR in cultural tourism and heritage communication has also received considerable attention. Galani and Vosinakis (2024) proposed an AR framework for communicating intangible and architectural heritage through digital characters and scale models. Their findings revealed that AR applications significantly improved visitor interaction and narrative engagement by enabling real-time visualization of historical and cultural information. Similarly, Pannone et al. (2025) introduced a dual-model AR pipeline for 3D artwork reconstruction and demonstrated how immersive visualization technologies can preserve cultural artifacts while enhancing educational accessibility.

Within Pakistan, research on immersive technologies for cultural preservation remains relatively limited despite the country's rich artistic heritage. Existing studies have primarily focused on architectural heritage and tourism

promotion, while traditional textile preservation through AR has received insufficient scholarly attention. Nayab and Bilal (2025) emphasized that AI-driven immersive experiences have the potential to strengthen Pakistani cultural narratives by integrating emerging technologies with indigenous cultural expressions. The researchers argued that immersive digital platforms can promote cultural identity, attract younger audiences, and improve international visibility of local heritage.

Although previous literature confirms the effectiveness of AR in enhancing cultural engagement, several gaps remain in the context of Pakistani textile heritage. First, limited empirical studies have examined the integration of AR specifically with traditional Pakistani textile designs. Second, existing research often focuses on general cultural heritage applications without addressing textile-specific interaction models and user experiences. Third, there is insufficient exploration of how AR can simultaneously support cultural preservation, educational engagement, tourism promotion, and artisan sustainability within the Pakistani textile sector.

Therefore, the present study addresses these gaps by investigating the integration of Augmented Reality with traditional Pakistani textile designs to create immersive cultural experiences. The study contributes to the growing body of knowledge on digital heritage preservation by proposing innovative methods for combining indigenous textile artistry with interactive technologies capable of enhancing cultural awareness, user engagement, and experiential learning in modern digital environments.

Underpinning Theory

Constructivist Learning Theory

This study is underpinned by the Constructivist Learning Theory, primarily developed by Jean Piaget and later expanded by Lev Vygotsky. The theory explains that individuals construct knowledge and understanding through active interaction, experience, and engagement with their environment rather than through passive observation. Constructivism emphasizes experiential learning, cognitive participation, and social interaction as essential components of meaningful learning processes.

In the context of Augmented Reality (AR), Constructivist Learning Theory provides a strong theoretical foundation because AR creates interactive and immersive environments that allow users to actively engage with digital content integrated into real-world settings. Through AR-based systems, users do not merely observe cultural artifacts; instead, they interact with virtual representations, multimedia storytelling, three-dimensional visualizations, and contextual information that enhance understanding and knowledge construction. This interactive engagement aligns with constructivist principles, where learners develop deeper comprehension through participation and exploration.

The theory is particularly relevant to this study because traditional Pakistani textile designs contain historical, symbolic, and cultural meanings that require experiential interpretation for effective understanding and appreciation. By integrating AR with textile heritage, users can actively explore the origins, patterns, techniques, and narratives associated with cultural textiles such as Ajrak, Ralli, Sindhi embroidery, and Phulkari. This immersive interaction encourages cognitive engagement, emotional connection, and cultural awareness, thereby enhancing the learning experience.

Furthermore, Constructivist Learning Theory supports the use of AR as a tool for cultural preservation and heritage education because it promotes learner-centered experiences. AR environments facilitate personalized exploration and interactive storytelling, enabling users to construct their own understanding of cultural heritage based on direct engagement with digital content. This is especially important for younger generations who are more responsive to technology-driven learning approaches.

Therefore, Constructivist Learning Theory provides an appropriate underpinning framework for this study by explaining how immersive AR experiences can improve cultural learning, user engagement, and knowledge construction related to traditional Pakistani textile heritage.

Methodology

Research Design

This study adopted a quantitative research approach using a descriptive and explanatory

research design to investigate the integration of Augmented Reality (AR) with traditional Pakistani textile designs for immersive cultural experiences. The quantitative approach was considered appropriate because it enabled the collection of measurable data regarding user engagement, cultural awareness, educational interaction, and perceptions toward AR-based textile visualization systems. The explanatory design further assisted in examining the relationships between immersive AR experiences and users' cultural appreciation and learning outcomes.

Research Population

The target population of the study consisted of university students, textile designers, cultural heritage professionals, museum visitors, digital media users, and individuals familiar with Pakistani traditional textile designs. The population was selected because these groups

represent potential users and stakeholders of AR-based cultural heritage applications. Participants were drawn from universities, cultural institutions, textile design centers, and digital creative communities in major cities of Pakistan, including Karachi, Lahore, and Islamabad.

Sample Size and Sampling Technique

A sample size of 300 respondents was selected for the study. The sample size was considered adequate for quantitative statistical analysis and represented a diverse group of participants with varying educational and professional backgrounds. The study employed a stratified random sampling technique to ensure balanced representation from different participant categories, including students, designers, cultural practitioners, and general users.

The sample distribution included:

Participant Category	Sample Size
University Students	120
Textile Designers	60
Cultural Heritage Professionals	40
Museum Visitors and Tourists	40
Digital Media Users	40
Total	300



Data Collection Method

Primary data were collected using a structured questionnaire designed on a five-point Likert scale ranging from "Strongly Disagree" to "Strongly Agree." The questionnaire consisted of closed-ended items measuring key variables such as immersive experience, cultural engagement, educational effectiveness, user satisfaction, and acceptance of AR technology for textile heritage preservation.

The questionnaire was divided into four sections:

1. Demographic Information
2. Awareness of Traditional Pakistani Textile Heritage
3. Perceptions of Augmented Reality Experiences
4. User Engagement and Cultural Learning Outcomes

The instrument was distributed both physically and electronically through universities, cultural organizations, and online digital platforms to maximize participant accessibility and response rates.

Validity and Reliability

To ensure content validity, the questionnaire was reviewed by experts in digital media, textile design, and cultural heritage studies. Necessary modifications were made based on expert feedback to improve clarity and relevance. A pilot study involving 30 respondents was conducted before the final survey administration.

The reliability of the instrument was assessed using Cronbach's Alpha coefficient. The overall reliability value exceeded 0.80, indicating a high

level of internal consistency and reliability of the measurement scales.

Data Analysis Techniques

The collected data were analyzed using the Statistical Package for Social Sciences (SPSS). Descriptive statistics such as frequency distribution, percentages, mean scores, and standard deviation were used to summarize demographic information and participant responses. Inferential statistical techniques including correlation analysis and regression analysis were applied to examine the relationship between AR integration and immersive cultural experiences.

The findings were presented in the form of tables, charts, and statistical interpretations to provide a comprehensive understanding of the impact of AR on traditional Pakistani textile heritage engagement and preservation.

Ethical Considerations

Ethical standards were strictly maintained throughout the research process. Participants were informed about the purpose of the study and their voluntary participation rights. Informed consent was obtained before data collection, and respondents' identities and personal information were kept confidential. The study ensured that all collected data were used solely for academic and research purposes.

Data Analysis and Interpretation

Descriptive Data Analysis

Table 1: Demographic Profile of Respondents (N = 300)

Variable	Category	Frequency	Percentage (%)
Gender	Male	162	54.0
	Female	138	46.0
Age	18-25 Years	124	41.3
	26-35 Years	98	32.7
	36-45 Years	52	17.3
	Above 45 Years	26	8.7
Education	Undergraduate	118	39.3
	Graduate	121	40.3
	Postgraduate	61	20.4
Profession	Students	120	40.0
	Textile Designers	60	20.0
	Heritage Professionals	40	13.3
	Tourists/Museum Visitors	40	13.3
	Digital Media Users	40	13.3

The demographic analysis indicated that the majority of respondents were male (54%), while females represented 46% of the sample. Most participants belonged to the age group of 18-25 years (41.3%), reflecting strong involvement of younger and digitally active individuals in immersive technology-based cultural experiences. In terms of educational background, graduate-level respondents

constituted the highest proportion (40.3%), suggesting that participants possessed adequate educational awareness regarding digital technologies and cultural heritage preservation. Students represented the largest professional category (40%), followed by textile designers (20%), indicating that the study successfully captured perspectives from both technology users and cultural practitioners.

Reliability Analysis

Table 2: Reliability Statistics

Variable	Number of Items	Cronbach's Alpha
AR Immersive Experience	6	0.84
Cultural Awareness	5	0.81
User Engagement	5	0.86
Educational Interaction	4	0.82
Overall Reliability	20	0.85

The reliability analysis demonstrated that all study variables achieved Cronbach's Alpha values above 0.80, indicating high internal consistency and reliability of the measurement instrument. The overall reliability coefficient of

0.85 confirmed that the questionnaire items were suitable for measuring participants' perceptions regarding AR integration with traditional Pakistani textile designs.

Descriptive Statistics of Study Variables

Table 3: Mean and Standard Deviation of Variables

Variable	Mean	Standard Deviation
AR Immersive Experience	4.28	0.61
Cultural Awareness	4.17	0.65
User Engagement	4.31	0.58
Educational Interaction	4.12	0.67
Heritage Preservation Support	4.25	0.60

The descriptive statistics revealed high mean scores across all variables, indicating positive participant perceptions toward the integration of AR with traditional Pakistani textile designs. User engagement recorded the highest mean value (M = 4.31), suggesting that immersive AR experiences significantly enhanced participants' interaction and interest in cultural textile heritage. AR immersive experience also achieved a strong mean score (M = 4.28), demonstrating that respondents perceived AR as an effective

technology for creating engaging cultural experiences.

The relatively high mean score for cultural awareness (M = 4.17) indicated that AR applications improved users' understanding and appreciation of Pakistani textile traditions. Similarly, educational interaction showed a positive mean value (M = 4.12), suggesting that immersive AR systems enhanced experiential learning and knowledge retention related to textile heritage.

Correlation Analysis

Table 4: Correlation Matrix

Variables	1	2	3	4	5
1. AR Immersive Experience	1				
2. Cultural Awareness	.71**	1			
3. User Engagement	.76**	.69**	1		
4. Educational Interaction	.68**	.73**	.70**	1	
5. Heritage Preservation Support	.74**	.72**	.78**	.69**	1

Note: Correlation is significant at p < 0.01.

The correlation analysis revealed strong positive relationships among all study variables. AR immersive experience showed a strong positive correlation with user engagement ($r = .76, p < 0.01$) and heritage preservation support ($r = .74, p < 0.01$), indicating that immersive AR environments significantly enhanced participant interaction and support for cultural preservation initiatives.

Cultural awareness also demonstrated a substantial positive relationship with educational interaction ($r = .73, p < 0.01$), suggesting that increased cultural understanding through AR contributed to improved learning experiences. Overall, the findings confirmed that immersive AR technologies positively influenced participants' engagement, cultural appreciation, and educational experiences associated with traditional Pakistani textile heritage.

Regression Analysis

Table 5: Regression Analysis of AR Immersive Experience on Heritage Preservation Support

Model Variables	Beta (β)	t-value	Sig.
AR Immersive Experience	0.42	8.91	0.000
User Engagement	0.37	7.84	0.000
Cultural Awareness	0.29	6.73	0.000
Educational Interaction	0.25	5.98	0.000

Model Summary	Value
R	0.82
R ²	0.67
Adjusted R ²	0.66
F-value	149.34
Significance	0.000



The regression analysis demonstrated that AR immersive experience significantly predicted heritage preservation support among participants. The model explained 67% of the variance in heritage preservation support ($R^2 = 0.67$), indicating a strong explanatory power of the independent variables.

AR immersive experience emerged as the strongest predictor ($\beta = 0.42, p < 0.001$), suggesting that immersive digital visualization substantially influenced participants' support for preserving traditional Pakistani textile heritage. User engagement also showed a significant positive effect ($\beta = 0.37, p < 0.001$), confirming that interactive AR environments increased participants' involvement and cultural connection.

Additionally, cultural awareness and educational interaction significantly contributed to heritage preservation support, indicating that AR-based systems not only improve entertainment and engagement but also

strengthen educational understanding and appreciation of indigenous textile traditions.

Summary of Findings

The data analysis findings confirmed that integrating Augmented Reality with traditional Pakistani textile designs positively influenced user engagement, cultural awareness, educational interaction, and support for heritage preservation. Participants demonstrated strong acceptance of immersive AR experiences as innovative tools for promoting and preserving Pakistani textile heritage. The statistical results further established that AR technologies can effectively bridge traditional cultural practices with modern digital interaction, thereby enhancing cultural sustainability and experiential learning in contemporary society.

Discussion

The findings of this study demonstrated that the integration of Augmented Reality (AR) with

traditional Pakistani textile designs significantly enhanced immersive cultural experiences, user engagement, cultural awareness, and educational interaction. The results indicated that participants positively perceived AR as an innovative and effective technology for preserving and promoting indigenous textile heritage. The high mean scores across all study variables confirmed that immersive digital environments can successfully transform traditional cultural artifacts into interactive and meaningful experiences for contemporary audiences.

The study revealed that AR immersive experience had the strongest influence on heritage preservation support and user engagement. This finding aligns with previous research emphasizing that immersive technologies increase emotional connection and participation by enabling users to interact directly with cultural content. Through three-dimensional visualization, digital storytelling, and interactive multimedia elements, AR creates an experiential environment that enhances users' understanding of traditional textile symbolism, historical context, and artistic craftsmanship. The results support Constructivist Learning Theory, which explains that individuals develop deeper understanding through active engagement and experiential interaction.

Furthermore, the positive relationship between AR experiences and cultural awareness indicated that immersive technologies can effectively improve public understanding and appreciation of Pakistani textile traditions. Participants demonstrated greater interest in learning about textile patterns, cultural narratives, and regional identities when these elements were presented through interactive AR systems. This suggests that AR can bridge the gap between traditional cultural practices and digitally oriented generations who prefer technology-driven learning experiences.

The findings also showed that educational interaction significantly contributed to participants' support for heritage preservation. AR-based textile visualization enabled users to engage with cultural content in an interactive and visually appealing manner, improving knowledge retention and learning motivation. This confirms that immersive technologies have

substantial potential for educational institutions, museums, and cultural organizations seeking innovative methods for heritage communication and experiential learning.

Additionally, the study highlighted the growing importance of digital transformation in cultural industries. Traditional Pakistani textile crafts face threats from globalization, industrialization, and declining artisan participation. The integration of AR offers new opportunities for preserving indigenous artistic identities while simultaneously modernizing cultural presentation and expanding global accessibility. By combining traditional craftsmanship with digital innovation, AR can strengthen the sustainability and commercial visibility of Pakistan's textile heritage in international markets.

Overall, the discussion confirms that AR is not merely a technological tool for entertainment but also a strategic medium for cultural preservation, heritage education, and digital storytelling. The study contributes to the growing body of knowledge on immersive cultural technologies and emphasizes the importance of integrating indigenous heritage with emerging digital systems to ensure cultural sustainability in the modern era.

Conclusion

This study investigated the integration of Augmented Reality with traditional Pakistani textile designs for creating immersive cultural experiences. The findings demonstrated that AR technologies significantly enhanced user engagement, cultural awareness, educational interaction, and support for heritage preservation. The statistical analysis confirmed strong positive relationships between immersive AR experiences and participants' appreciation of traditional Pakistani textile heritage.

The study concluded that AR provides an innovative and effective approach for digitally preserving indigenous textile traditions while simultaneously creating interactive and engaging cultural experiences. By integrating virtual visualization, storytelling, and real-time interaction, AR transforms static textile artifacts into dynamic educational and experiential platforms capable of attracting contemporary audiences.

The research further concluded that immersive technologies can contribute substantially to the sustainability and modernization of Pakistan's textile heritage. AR-based systems not only improve cultural communication and learning but also increase the visibility of indigenous craftsmanship in digital and global contexts. Therefore, the integration of AR with traditional Pakistani textile designs represents a valuable interdisciplinary strategy for promoting cultural preservation, digital innovation, and experiential learning in the evolving technological landscape.

Implications of the Study

The study has several important theoretical, practical, educational, technological, and cultural implications. Theoretically, the research contributes to the fields of cultural heritage preservation, immersive technology, and digital humanities by expanding understanding of how AR can support experiential learning and cultural engagement. The study also strengthens the application of Constructivist Learning Theory in immersive digital environments by demonstrating that interactive AR experiences improve knowledge construction and cultural appreciation.

Practically, the findings provide valuable insights for textile designers, artisans, museums, cultural organizations, tourism authorities, and digital media developers. AR applications can be utilized to create virtual exhibitions, interactive museum installations, digital storytelling platforms, and immersive tourism experiences that promote Pakistani textile heritage to local and international audiences.

Educationally, the study demonstrates the potential of AR technologies to improve cultural learning and student engagement. Educational institutions can integrate AR-based textile heritage systems into curricula, museums, and digital learning platforms to provide experiential and visually interactive learning opportunities.

From a technological perspective, the research encourages the development of innovative digital heritage applications that combine traditional craftsmanship with advanced immersive technologies. The findings also support the digital transformation of Pakistan's cultural industries by promoting the use of AR

for cultural communication, preservation, and commercialization.

Culturally, the study contributes to preserving indigenous identities and traditional craftsmanship threatened by modernization and globalization. AR-based preservation systems can ensure that traditional textile knowledge, symbolism, and artistic techniques remain accessible and relevant for future generations.

Future Directions

Future research can expand this study by exploring the integration of other immersive technologies such as Virtual Reality (VR), Mixed Reality (MR), Artificial Intelligence (AI), and metaverse platforms with traditional textile heritage preservation. Comparative studies between AR and other immersive systems could provide deeper understanding of the most effective technologies for cultural engagement and learning outcomes.

Future studies may also focus on developing fully functional AR applications and evaluating user experiences through experimental research designs. Researchers can investigate long-term impacts of immersive technologies on cultural learning, tourism behavior, emotional attachment, and heritage sustainability.

Additionally, future research can examine specific regional textile traditions of Pakistan such as Sindhi Ajrak, Balochi embroidery, Kashmiri shawls, and Punjabi Phulkari in order to develop specialized immersive cultural platforms. Cross-cultural comparative studies involving textile heritage from different countries may also provide broader perspectives on global digital heritage preservation practices. Researchers may further explore the economic and commercial implications of AR integration for artisans, fashion industries, and cultural tourism sectors. Investigating user acceptance, technological accessibility, and digital literacy challenges among rural artisan communities can also contribute to more inclusive digital heritage strategies.

Recommendations

Based on the findings of the study, several recommendations are proposed. Cultural institutions, museums, and heritage organizations should adopt AR technologies to create interactive exhibitions and immersive

storytelling experiences for promoting traditional Pakistani textile heritage. Government agencies and cultural policymakers should invest in digital heritage preservation initiatives and support collaborative projects between technology developers, textile designers, and cultural practitioners.

Educational institutions should integrate immersive AR applications into art, history, fashion, and cultural studies programs to enhance experiential learning and student engagement. Universities and research centers should also encourage interdisciplinary research combining digital technologies with heritage preservation.

Textile designers and artisans are encouraged to utilize AR-based platforms for showcasing traditional designs, demonstrating craftsmanship processes, and reaching wider international audiences through digital marketing strategies. Technology developers should design user-friendly and culturally authentic AR applications that accurately represent indigenous textile traditions and narratives.

Furthermore, awareness campaigns and digital literacy programs should be conducted to educate communities and artisans about the benefits of immersive technologies for cultural preservation and economic sustainability. Collaborative partnerships among government organizations, private technology firms, tourism sectors, and cultural institutions should also be established to promote innovation in digital heritage preservation.

Limitations of the Study

Despite its contributions, the study had several limitations. First, the research adopted a quantitative research design that primarily focused on statistical relationships and participant perceptions. The absence of qualitative interviews or observational methods limited deeper exploration of users' emotional experiences and cultural interpretations.

Second, the study was conducted with a sample size of 300 respondents selected from major urban areas of Pakistan. Therefore, the findings may not fully represent rural populations, artisan communities, or individuals with limited access to digital technologies.

Third, the research examined participants' perceptions of AR-based immersive experiences rather than implementing a fully operational AR application. As a result, the findings were based on conceptual and simulated user responses rather than long-term practical interaction with a developed system.

Additionally, technological limitations such as internet accessibility, device compatibility, and varying levels of digital literacy among participants may have influenced participant responses and perceptions regarding AR adoption.

Finally, the study focused specifically on traditional Pakistani textile heritage and did not examine other forms of cultural heritage such as architecture, music, crafts, or performing arts. Future studies addressing these limitations could provide more comprehensive understanding of immersive technologies in broader cultural preservation contexts.

References (APA 7th Edition)

- Azuma, R. T. (1997). A survey of augmented reality. *Presence: Teleoperators and Virtual Environments*, 6(4), 355-385.
- Bacca, J., Baldiris, S., Fabregat, R., Graf, S., & Kinshuk. (2014). Augmented reality trends in education: A systematic review of research and applications. *Educational Technology & Society*, 17(4), 133-149.
- Bekele, M. K., Pierdicca, R., Frontoni, E., Malinverni, E. S., & Gain, J. (2018). A survey of augmented, virtual, and mixed reality for cultural heritage. *Journal on Computing and Cultural Heritage*, 11(2), 1-36.
- Billinghurst, M., Clark, A., & Lee, G. (2015). A survey of augmented reality. *Foundations and Trends in Human-Computer Interaction*, 8(2-3), 73-272.
- Carrozzino, M., & Bergamasco, M. (2010). Beyond virtual museums: Experiencing immersive virtual reality in real museums. *Journal of Cultural Heritage*, 11(4), 452-458.

- Chi, H. L., Kang, S. C., & Wang, X. (2013). Research trends and opportunities of augmented reality applications in architecture, engineering, and construction. *Automation in Construction*, 33, 116–122.
- Damala, A., Marchal, I., & Houlier, P. (2007). Merging augmented reality based features in mobile multimedia museum guides. *Proceedings of the International Conference on Virtual Systems and Multimedia*, 461–468.
- Galani, S., & Vosinakis, S. (2024). An augmented reality approach for communicating intangible and architectural heritage through digital characters and scale models. *Personal and Ubiquitous Computing*, 28, 471–490.
- Han, D. I., Jung, T., & Gibson, A. (2014). Dublin AR: Implementing augmented reality in tourism. *Information and Communication Technologies in Tourism*, 511–523.
- Javornik, A. (2016). Augmented reality: Research agenda for studying the impact of its media characteristics on consumer behavior. *Journal of Retailing and Consumer Services*, 30, 252–261.
- Kounavis, C. D., Kasimati, A. E., & Zamani, E. D. (2012). Enhancing the tourism experience through mobile augmented reality: Challenges and prospects. *International Journal of Engineering Business Management*, 4(10), 1–6.
- Mehmood, M. M., Saleem, Y., Hussain, A., Afzal, M., Saleem, A., & Bakhtawar, W. (2025). A study of fashion cultural product design: Transformation and innovation of traditional fashion design based on digital technology platforms focusing on Ralli and patchwork. *ACADEMIA International Journal for Social Sciences*.
- Milgram, P., & Kishino, F. (1994). A taxonomy of mixed reality visual displays. *IEICE Transactions on Information and Systems*, 77(12), 1321–1329.
- Nayab, D., & Bilal, A. (2025). AI-driven immersive experiences in Pakistani cultural narratives. *Human Nature Journal of Social Sciences*, 6(2), 55–71.
- Pannone, D., Castronovo, A., Mancini, M., Foresti, G. L., Piciarelli, C., Gabrieli, R., Bilal, M. Y., & Avola, D. (2025). Augmented reality in cultural heritage: A dual-model pipeline for 3D artwork reconstruction. *Digital Heritage Studies Journal*, 9(1), 88–103.
- Rauschnabel, P. A., Felix, R., & Hinsch, C. (2019). Augmented reality marketing: How mobile AR apps can improve brands through inspiration. *Journal of Retailing and Consumer Services*, 49, 43–53.
- Rosli, H., Kamarudin, N., & Isa, B. (2026). Gamified augmented reality digital storytelling for Malaysian traditional kuih heritage through museum experience scale (MES). *International Journal of Art and Design*, 10(1), 77–92.
- Tussyadiah, I. P., Wang, D., Jung, T. H., & Tom Dieck, M. C. (2018). Virtual reality, presence, and attitude change: Empirical evidence from tourism. *Tourism Management*, 66, 140–154.
- UNESCO. (2023). *Intangible cultural heritage and digital preservation practices*. UNESCO Publishing.
- Wang, E. (2021). *Creating an augmented reality museum experience for cultural heritage using a textile-based capacitive sensor as the interactive input* (Master's thesis). Drexel University.
- Wang, J., & Guo, J. (2025). Design and application of an immersive Silk Road cultural tourism experience based on smart textile wearable devices. *Textile & Leather Review*, 8, 827–845.
- Yovcheva, Z., Buhalis, D., & Gatzidis, C. (2013). Engineering augmented tourism experiences. *Information and Communication Technologies in Tourism*, 24–35.
- Zhao, Y. (2025). Augmented reality in fashion: Technological advancements in digital preservation of traditional heritage. *Digital Applications in Archaeology and Cultural Heritage*, 37, e00408.

Zubair, H., & Ahmed, R. (2025). Bridging tangible artifacts and intangible expressions: MAR and CNN integration for reviving the traditional identity of tribal fabrics. *Digital Applications in Archaeology and Cultural Heritage*, 39, e00470.

