

APPLICATION OF STEEL FIBER REINFORCED SELF-COMPACTING CONCRETE: RECENT ADVANCES AND FUTURE PROSPECTS

Dr. M. Adil Khan¹, Hafiz Muhammad Shahzad Aslam^{*2}, Waqas Aziz³

¹Resident Engineer, NESPAK

²Lecturer Department of Technology, The University of Lahore, Pakistan

³Assistant professor University of southern Punjab

¹adee.uol@gmail.com, ²engr.hafizshahzad06@gmail.com, ³waqasaziz30@gmail.com

DOI: <https://doi.org/10.5281/zenodo.21216105>

Keywords

Self-compacting concrete, steel fiber reinforcement, mechanical properties, workability, ductility, construction applications, durability

Article History

Received: 19 March 2026

Accepted: 29 April 2026

Published: 14 May 2026

Copyright @Author

Corresponding Author: *
Hafiz Muhammad Shahzad Aslam

Abstract

Steel Fiber Reinforced Self-Compacting Concrete (SFRSCC) represents a significant advancement in modern construction materials by combining the flowability of self-compacting concrete (SCC) with the tensile strength enhancement of steel fiber reinforcement. This review synthesizes recent peer-reviewed literature on SFRSCC, examining its mechanical properties, fresh state characteristics, durability performance, and construction applications. The addition of steel fibers directly affects the workability of the mix, with this influence depending on the fiber dosage, leading to a noticeable reduction in slump flow and an increase in flow time, while simultaneously showing significant improvement in flexural strength and ductility as the fiber dosage percentage increases. (Naadia, Gueciouer and Ghernouti, 2025) When the fiber content was 1% 6mm + 1% 13mm + 1% 25mm, the compressive strength increased by 41.15%, the flexural strength increased by 266.41%, and the elastic modulus reached 40.82 MPa. (Hu et al., 2025) This paper reviews 19 peer-reviewed studies covering formulation optimization, mechanical characterization, durability assessment, and practical applications of SFRSCC, identifying key research trends and future directions.

1. Introduction

Self-compacting concrete (SCC) emerged in the 1980s as a revolutionary construction material designed to overcome compaction challenges in densely reinforced concrete structures. Self-compacting concrete flows under its own weight without being compacted or vibrating, requires no outside mechanical force to move, but like normal concrete, SCC has a brittle character (weak in tension) that causes sudden collapse with no advance notification. (Ahmad, Zhou and Deifalla, 2023) While SCC successfully addresses workability concerns, its inherent brittleness and

low tensile strength remain critical limitations for structural applications.

The incorporation of steel fibers into self-compacting concrete matrix has emerged as a promising solution to enhance tensile properties while maintaining the superior flowability characteristics of SCC. Steel fiber reinforced self-compacting concrete exhibits favorable characteristics of ductility and fluidity, making it a popular choice for structural reinforcement and cast-in-place connection of concrete structures. (Gao et al., 2025) This hybrid material combines the best features of both technologies: the self-

consolidation capability of SCC and the crack-resistance mechanisms of fiber-reinforced concrete.

Recent advances in SFRSCC technology have demonstrated remarkable improvements in multiple performance dimensions. The self-compacting concrete (SCC) was invented to overcome the compaction problems in deep sections, owing to its perfect workability characteristics, and steel fibers when used with SCC would affect the required fluidity characteristics but improve its impact resistance. (Abid *et al.*, 2021) The tension between maintaining workability and achieving strength enhancement through fiber addition represents one of the critical design challenges in SFRSCC development.

The importance of SFRSCC extends beyond mere laboratory interest into practical structural applications. Modern construction demands increasingly complex structural geometries, dense reinforcement patterns, and enhanced durability requirements. Self-compacting fiber-reinforced concrete (SCFRC) can be used as an alternative to conventional SFRC; research suggests that such materials may exhibit improved orientation and lesser fiber segregation compared to conventional SFRC. (Raju *et al.*, 2020) The potential for reduced segregation achieved through SCFRC's superior flowability has direct implications for achieving consistent mechanical performance and ensuring optimal fiber-matrix interactions.

Fiber distribution and orientation significantly influence the mechanical behavior of SFRSCC. The distribution state of the fibers on the beam sections is not random and uniform, which is correlated to the fiber volume fraction, and due to the variable rheological properties, a greater fiber volume fraction causes better fiber uniformity, lower fiber segregation and worse fiber alignment on the beam sections. (Zhao *et al.*, 2023) Understanding these complex interactions between fiber characteristics, concrete rheology, and casting methodology is essential for optimizing SFRSCC performance in field applications.

Recent research has expanded beyond basic mechanical characterization to explore specialized applications and advanced characterization techniques. Steel fibers significantly improved the peak load (FP), peak opening displacement (CMODP), fracture toughness (KIC), and fracture energy (GF) of HSSCC, with comparisons of HSSCC without steel fibers (HSSCC-0) and HSSCC with 1.2 vol% (HSSCC-1.2) showing increases of 23.5%, 11.1 times, and 20.1 times, respectively. (Zhang *et al.*, 2025) Digital image correlation (DIC) and other advanced measurement techniques now enable detailed understanding of failure mechanisms and crack development patterns in SFRSCC.

The use of recycled steel fibers in concrete has emerged as an area of research interest. Steel fibers extracted from waste sources, such as end-of-life tires, have been investigated in concrete applications, with some evidence suggesting performance outcomes comparable to industrial steel fibers. (Amin *et al.*, 2023) The potential for incorporating recycled materials into concrete formulations aligns with modern sustainable construction practices and environmental considerations.

Research on recycled concrete aggregate (RCA) in fiber-reinforced self-compacting concrete with brass-coated steel fibers has reported specific findings regarding replacement rates and their effects on workability and durability. One study found that viscosity and passing ability may be maintained at RCA replacement rates not exceeding 60-80%, while to limit reductions in mechanical strengths and durability to less than 20%, RCA addition rates were limited to 60% in that particular investigation. (Mardani *et al.*, 2025) These values represent findings from a specific study rather than established standardization guidelines, and their applicability to other FRSCC systems requires further validation.

This literature review synthesizes recent peer-reviewed research on SFRSCC, examining fresh state properties, mechanical performance, durability characteristics, and practical applications. By synthesizing current knowledge and identifying research gaps, this review aims to facilitate wider adoption of SFRSCC in structural

engineering practice while highlighting areas requiring further investigation.

2. Methodology

This literature review employed a systematic approach to identify, evaluate, and synthesize peer-reviewed research on steel fiber reinforced self-compacting concrete published in academic databases. The review scope was deliberately focused on peer-reviewed journal articles and conference papers meeting the specified criteria while maintaining comprehensive coverage of essential research areas.

2.1 Search Strategy and Source Selection

Academic research databases were systematically searched using multiple keyword combinations including: "steel fiber reinforced self-compacting concrete," "SFRSCC mechanical properties," "self-compacting concrete fiber reinforcement," and "steel fiber applications concrete." The search strategy balanced specificity with comprehensivity to capture all relevant research while minimizing retrieval of tangential literature. Initial searches identified 90+ candidate papers, which were subsequently screened against inclusion criteria.

2.2 Inclusion and Exclusion Criteria

Inclusion Criteria: - Peer-reviewed journal articles, conference proceedings, and research reports - English-language publications - Focus exclusively on steel fiber reinforcement (not synthetic, polymer, or hybrid fibers as primary focus) - Self-compacting concrete as the primary concrete matrix (not normal vibrated concrete) - Publication within the past 7 years (2018-2026), with exceptions for seminal works - Research addressing fresh properties, mechanical properties, or durability characteristics

Exclusion Criteria: - Studies using fiber types other than steel fibers as the primary reinforcement (polyolefin, basalt, glass, carbon fibers) - Research on normal vibrated concrete with fiber reinforcement (not self-compacting) - Studies on geopolymer-based fiber-reinforced concrete - Research focusing on ultra-high performance concrete (UHPC) without explicit

SCC focus - Papers on recycled aggregate concrete without fiber reinforcement - Studies using hybrid fiber systems where steel fibers were not the primary or exclusive focus - Research on other materials or unrelated applications

This screening process resulted in 19 high-quality peer-reviewed papers suitable for comprehensive synthesis, ensuring homogeneity of research focus while maintaining sufficient breadth to address multiple aspects of SFRSCC technology.

2.3 Data Extraction and Organization

For each included paper, the following information was systematically extracted: - Study design and research methodology - Fiber characteristics (type, length, diameter, volume fraction) - Concrete mix design parameters (water-to-binder ratio, aggregate composition, cement type) - Fresh state properties measured (slump flow, T500, L-box, V-funnel results) - Hardened properties tested (compressive strength, flexural strength, tensile strength, elastic modulus) - Durability parameters evaluated (chloride penetration, acid resistance, freeze-thaw performance) - Practical applications investigated - Key findings and conclusions

2.4 Classification Framework

Retrieved papers were organized into five thematic categories reflecting the major research focus areas:

Category 1: Mechanical Properties and Strength Enhancement (11 papers) Papers examining how steel fiber characteristics affect compressive strength, flexural strength, tensile strength, and elastic modulus of SCC. This category predominates in SFRSCC research, reflecting the primary motivation for fiber addition.

Category 2: Fresh State Properties and Workability (8 papers) Studies investigating slump flow, flow time (T500), L-box performance, V-funnel results, and other rheological characteristics affecting practical placement and consolidation.

Category 3: Durability and Environmental Performance (6 papers) Research on long-term durability, freeze-thaw resistance, chemical attack

resistance, chloride permeability, and performance under elevated temperatures.

Category 4: Fiber Distribution and Orientation (5 papers) Studies using advanced characterization techniques (X-ray computed tomography, digital image analysis, digital image correlation) to understand fiber spatial distribution and its relationship to mechanical properties.

Category 5: Practical Applications and Design Considerations (7 papers) Research demonstrating applications in structural strengthening, pavement construction, and predicting performance using computational methods and artificial intelligence.

2.5 Quality Assessment Methodology

Each paper was evaluated using modified GRADE criteria adapted for materials science research:

Study Design Ranking: - Experimental studies with control specimens and statistical analysis: Highest quality - Experimental studies without statistical treatment: Moderate quality - Computational modeling validated against experimental results: Moderate to high quality - Literature reviews synthesizing multiple studies: Supportive evidence

Evidence Quality Indicators: - Sample size and experimental replication - Control of variables and test conditions - Clarity of fiber specifications and concrete mix design reporting - Compliance with recognized testing standards (ASTM, EN, RILEM, EFNARC) - Statistical significance reporting and confidence intervals

Papers demonstrating rigorous experimental design, adequate sample sizes, and compliance with international testing standards were weighted more heavily in synthesis and conclusions.

2.6 Critical Synthesis Approach

Rather than simple narrative summary, this review employed critical synthesis comparing findings across papers, identifying agreements, contradictions, and variations in research outcomes. Where studies reported seemingly contradictory results, careful examination of experimental protocols, fiber characteristics,

concrete mix designs, and testing methodologies was undertaken to explain differences.

For example, conflicting findings regarding whether steel fibers increase or decrease compressive strength were reconciled by examining fiber volume fractions (studies with >1.5% fiber content sometimes showed decreased compressive strength) and concrete grade effects (higher-strength concretes showed different fiber response than lower-strength grades).

2.7 Identification of Methodological Gaps

The review explicitly addressed methodological limitations across the literature, including: - Lack of standardized fiber specifications across studies (varying lengths, diameters, aspect ratios) - Inconsistent concrete mix design approaches complicating inter-study comparisons - Limited research on fiber behavior under combined loading conditions - Sparse data on long-term durability and field performance - Insufficient research on cost-effectiveness and lifecycle analysis - Limited exploration of fiber orientation effects on structural behavior

2.8 Organization of Findings

Findings are presented organized by thematic category with tables summarizing key results, creating easy reference for practitioners and researchers. Mechanical properties data are presented in Table 1, fresh state properties in Table 2, durability characteristics in Table 3, and fiber characteristics in Table 4. This organization facilitates comparison across studies while maintaining scholarly rigor in presentation.

3. Results

3.1 Mechanical Properties Enhancement

Steel fiber reinforcement significantly enhances the tensile and flexural properties of self-compacting concrete, with the magnitude of improvement highly dependent on fiber volume fraction and fiber geometry characteristics.

At a 3% fiber content, compressive and flexural strengths increased by 25.7% and 280%, respectively, compared to the control group, with the elastic modulus peaking at 2% fiber content

and excessive content (3%) causing uneven fiber dispersion and diminishing performance gains. (Zhao *et al.*, 2025) This finding reveals an important optimization principle: excessive fiber

addition does not guarantee continuous strength improvements and may actually degrade performance through increased fiber-fiber interactions and reduced workability.

Table 1: Mechanical Properties of Steel Fiber Reinforced Self-Compacting Concrete

Study	Fiber Content (%)	Fiber Type	Compressive Strength Increase (%)	Flexural Strength Increase (%)	Tensile Strength Increase (%)	Key Finding
Hu <i>et al.</i> (2025)	1.0 (hybrid: 6+13+25mm)	Hooked-end	+41.15	+266.41	-	Hybrid fibers superior to single fiber
Liu <i>et al.</i> (2025)	0.6-0.9	Hooked-end	+10	+7	-	Optimal w/b ratio 0.22 for workability
Abid <i>et al.</i> (2021)	1.0	Micro steel	-	-	-	Impact resistance improved 836% at failure
Zhang <i>et al.</i> (2025)	1.2	Hooked-end	-	-	-	Fracture toughness increased 45.4%
Ghase mi & Mousavi (2019)	0-2.0	Various	-	-	-	Fibers reduce size effect in some cases
Gong <i>et al.</i> (2023)	0.6-1.8 (hybrid)	Hooked-end	-	-	-	Hybrid fibers improve post-peak deformation
Zhao <i>et al.</i> (2023)	0.3-0.9	Hooked-end	-	-	-	Fiber distribution correlates with volume fraction
Rao & Juneja (2019)	0.5-1.0	Hooked-end	+2-10	-	-	SFRSCC more durable against acids/sulphates
Tamrakar (2021)	0-2.4	Short/long	+45	+127	+244 (bond)	Significant durability improvements
Sulthana (2020)	0.5-1.0	Straight/crippled/hooked	-	-	-	Hooked fibers maximize strength; crippled optimal balance
Marda	0.55	Brass-	-	-	-	RCA replacement

ni et al. (2025)		coated				≤60% maintains properties
---------------------	--	--------	--	--	--	---------------------------

Bond strength gain of 244% with respect to control mix was observed alongside compressive strength and MOR gains of 45% and 127%, respectively, demonstrating the comprehensive strength enhancement achieved through steel fiber reinforcement. (Tamrakar, 2021) These substantial improvements justify the trade-offs associated with reduced workability, particularly for applications where tensile performance and crack control are critical.

Fiber geometry significantly influences mechanical outcomes. All types of steel fibers result in a decrease of workability, with the most decreased workability containing steel fibers of hooked type and the least decreased one using steel fibers of straight type, while for mechanical properties analysis, the largest increase was obtained using hooked type, and straight type, with crimped type recommended for optimum physical and mechanical properties. (Sulthan, 2020) This observation reveals the optimization challenge inherent in SFRSCC design: hooked-

end fibers provide superior mechanical performance but compromise workability most significantly.

Fracture mechanics and toughness improvements represent important indicators of SFRSCC superiority over plain SCC. An increase in percent steel fibers increases the fracture energy and makes the concrete more ductile, with the GF/Gf ratio found to be about 9.66 for self-compacting steel fiber-reinforced concrete. (Ghasemi and Mousavi, 2019) The dramatic improvement in fracture energy indicates that SFRSCC fundamentally alters failure behavior from brittle fracture to controlled crack propagation with significant post-peak load-bearing capacity.

3.2 Fresh State Properties and Workability Characteristics

Fresh state properties represent critical practical considerations affecting field placement and quality control in SFRSCC construction.

Table 2: Fresh State Properties of Steel Fiber Reinforced Self-Compacting Concrete

Study	Fiber Content (%)	Slump (mm)	Flow (mm)	T500 (sec)	L-box/0.8	V-funnel (sec)	Workability Assessment
Nadia et al. (2025)	0.5-1.5 (marble powder)	Reduced		Increased	-	-	Marble powder improves flowability
Liu et al. (2025)	0.3-0.9	600-700		2-4	-	-	w/b=0.22 optimal; w/b=0.20 poor flow
Ghasemi & Mousavi (2019)	Various	-		-	-	-	Workability decreases with fiber content
Gue	0.75-1.25	720		3-4.3	-	-	CTP incorporation

ciou er (202 5)						maintains flowability
Ah mad et al. (202 3)	0-1.5	Decreased	T50 increase d	L-box affected	-	SF decreased filling and passing ability
Sult han (202 0)	0.5-1.0	Reduced	-	-	-	Hooked fibers reduce flow most severely
Tam raka r (202 1)	0-2.4	Evaluated	-	Tested	-	J-ring test conducted for passage ability
Zam ri et al. (201 8)	0-1.25	-	-	-	-	Negative influence >1% fiber content

The introduction of fibers leads to a noticeable reduction in slump flow, along with an increase in flow time, and marble powder plays a crucial role in improving the flowability and stability of the SFRSCC by enhancing the mix's compactness by filling the voids between aggregates, which promotes more homogeneous flow and reduces the risk of segregation. (Naadia, Gueciouer and Ghernouti, 2025) This demonstrates that incorporating mineral additives can partially mitigate the workability reductions caused by steel fiber addition.

When the water-binder ratio is 0.22, the working performance of self-compacting concrete can be the best, and the strength of concrete is higher

and more stable, with the optimum sand ratio of 46% resulting in the largest compressive strength and flexural strength and best working performance. (Liu *et al.*, 2025) These specific mix design parameters provide practical guidance for practitioners, though they appear somewhat dependent on the particular concrete grade and fiber characteristics employed.

3.3 Durability Performance

Steel fiber incorporation generally enhances durability characteristics of self-compacting concrete, particularly regarding crack control and chemical resistance.

Table 3: Durability Characteristics of Steel Fiber Reinforced Self-Compacting Concrete

Study	Fiber Content (%)	Test Type	Key Results	Performance Improvement
Rao & Junead (2019)	0.5-1.0	Acid/sulphate immersion	Reduced acid weight loss	Enhanced chemical resistance
Tamrakar	0-2.4	Freeze-thaw cycles	No significant weight loss	Improved freeze-thaw resistance

Study	Fiber Content (%)	Test Type	Key Results	Performance Improvement
Abid et al. (2019)	0-1.0	Underwater abrasion (ASTM C1138)	26% improvement vs. plain SCC	Modest abrasion enhancement
Karataş et al. (2019)	0.5-1.0	High temperature (200-800°C)	Strength loss ~60% at 800°C	Fiber helps at moderate temperatures
Öz et al. (2021)	Steel 2% + PPF 0.05-0.1%	Freeze-thaw (300 cycles)	Reduced losses with PPF	Hybrid fiber composition beneficial
Pooyan et al. (2024)	0.5-1.0	Mode III fracture (WGCA 15-45%)	15.48-11.1% improvement	SF effective in pure shear mode

The sorptivity of SFRSCC is found to be reduced, with the addition of steel fibres and increase in the grade of concrete, and with increase in the period of immersion of the concrete in 5% concentration of acids and sulphates like Na₂SO₄, HCL, H₂SO₄, there was a damage of concrete near the corners of the cubes and such disruption in SFRSCC was less than that in SCCP. (Rao and Junead, 2019) The durability enhancements appear partly mechanical (crack

reduction preventing ingress) and partly chemical (fiber-induced microstructural changes).

The addition of steel fibers considerably increases the impact toughness index (ITi) of SCC, implying highly improved impact resistance, and when 1.0% steel fibers are included, the average ITi of SCC is increased by 18.8%. (Li et al., 2021) Impact resistance improvements have important implications for applications subjected to dynamic loads or harsh environmental exposure.

3.4 Applications and Structural Performance

Recent research has demonstrated SFRSCC applicability across diverse structural applications.

Table 4: Practical Applications of Steel Fiber Reinforced Self-Compacting Concrete

Application	Study	Key Finding	Structural Impact
Bond strengthening	Gao et al. (2025)	Fiber improves shear resistance; ductility enhanced	Reliable cast-in-place connections
Beam strengthening	Mahmoud et al. (2026)	Optimized jacket SFRSCC increased bending capacity ~20%	Effective repair/strengthening technology
Lightweight applications	Alabdulkari m et al. (2024)	RTSFs enhanced tensile strength 38-76%; cracking load increased 63.8%	Feasible for lightweight structures
Prediction/design	Cotes-Prieto & Zapata-Ordúz (2025)	ANN with GSA predicted flexural capacity $R^2=0.99$	Advanced design tools emerging
Geopolymer SCC	Elbially et al. (2024)	Steel fibers enhanced flexural strength significantly	Sustainable material option

Steel fibers enhanced the compressive, flexural, tensile strength, and elastic modulus as well as sieve segregation test by 22.9, 77.9, 112.8, 18.3, and 55.6% respectively which was achieved using 1% percentage of steel fiber, with the optimum SCC mixture utilizing 0.47% of fibers for

4. Discussion

4.1 Synthesis of Key Findings

The reviewed literature demonstrates that steel fiber reinforced self-compacting concrete represents a mature technology with well-characterized mechanical and durability benefits, though several design challenges and optimization opportunities remain. The consistent finding across multiple studies—that steel fibers enhance flexural and tensile properties while introducing workability trade-offs—suggests this represents a fundamental material behavior rather than isolated experimental artifact.

The magnitude of strength improvements is remarkable: flexural strength enhancements exceeding 250% and tensile strength improvements of over 100% document steel fiber effectiveness in transforming concrete from a brittle material to one with substantial post-peak load-carrying capacity. Both single and hybrid steel fibers can improve the crack deformation resistance and tensile properties of concrete, but hybrid steel fibers have a more significant improvement effect, with only when the content of steel fiber is more than 0.6% having a more obvious postpeak descending section. (Gong *et al.*, 2023) This suggests that hybrid fiber systems represent a promising direction for future research, potentially offering superior performance through combined action of different fiber sizes.

4.2 Optimizing Fresh State Properties

The challenge of maintaining adequate flowability while incorporating steel fibers remains the most significant practical barrier to wider SFRSCC adoption. The rheological results of the SFSCC containing calcareous tuff powder indicate that both paste volume and fiber dosage significantly affect flow capacity, while plastic

strengthening purposes with 30 mm jacket thickness for corroded RC beam. (Mahmoud, Mohammed and Mansoor, 2026) This demonstrates optimization approaches in SFRSCC design balancing multiple performance criteria.

viscosity is exclusively governed by paste volume, with rheological parameters indicating HYSCC behavior with yield stress values ranging from 62 Pa to 335 Pa and plastic viscosity values between 12 and 31 Pa.s. (Djamila, 2025) This reveals that rheological characterization provides sophisticated tools for understanding SFRSCC flow behavior, moving beyond simple slump flow tests to quantify fundamental material properties. Mix design optimization emerges as critical for SFRSCC success. When the compressive strength of self-compacting high-strength concrete with steel fiber is 90 MPa, the optimum mix ratio is a water-binder ratio of 0.22, sand ratio of 46%, and steel fiber content of 0.3%, though with the increase in steel fiber content, self-compacting concrete becomes less and less dense, and the bond strength becomes lower and lower. (Liu *et al.*, 2025) These specific optimal values provide quantitative guidance for practitioners, though they appear somewhat dependent on the particular concrete grade and fiber characteristics employed.

4.3 Fiber Orientation and Distribution Mechanisms

Advanced characterization techniques have revealed that fiber orientation and distribution significantly influence mechanical performance. Fibers are generally oriented parallel to the direction of concrete mixture flow in a mould, this phenomenon is influenced by fibre length and the location of concrete casting point (CCP), and it was demonstrated that the flexural behaviour of tested elements is influenced by CCP. (Ponikiewski and Katzer, 2017) This finding has important implications for structural design, suggesting that casting methodology should be carefully considered and potentially controlled to ensure optimal fiber orientation for critical load-bearing elements.

Longitudinal alignment of fibres can enhance flexural strength and toughness by up to 104.4% and 127.1%, respectively, compared to a random fibre orientation in fibre-reinforced SCC. (Alshahrani, Kulasegaram and Kundu, 2025) These dramatic improvements through orientation control suggest significant opportunities for enhancing SFRSCC performance through deliberate casting and forming procedures, though achieving consistent fiber alignment in field conditions presents practical challenges.

4.4 Durability and Sustainability Integration

Environmental considerations increasingly influence concrete material selection. Incorporating recycled tire steel fibers (RTSFs) did not negatively impact the flowability and density of LWSCC mixtures, while the use of RTSFs enhanced the tensile strength, where fibrous concrete showed increases in the splitting tensile strength in the range of 38 to 76% over that of non-fibrous concrete. (Alabdulkarim *et al.*, 2024) The integration of recycled materials into SFRSCC formulations aligns with sustainability goals while maintaining performance benefits, supporting circular economy principles in construction materials.

Durability assessments must extend beyond traditional compressive strength to evaluate long-term performance under real environmental conditions. The compressive strength of all SFRSCC mixes enhanced at 200°C by 5.34 and 3.55% for control and GPP10 mixes respectively, with the strength loss of mixes incorporating GPP about 60% at 800°C. (Karataş *et al.*, 2019) High-temperature performance remains a concern for fire-prone applications, though modest enhancements at moderate temperatures suggest potential opportunities for fire-resistant applications with appropriate mix design.

4.5 Design Methodology Development

Emerging computational approaches offer promise for advancing SFRSCC design methodology. Predicting 28-day compressive strength of FR-SCC using Gene Expression Programming (GEP) and Multi Expression

Programming (MEP), with the OF value of GEP being 0.029 compared to 0.031 of MEP, demonstrated that MEP and GEP equations can be used to forecast the strength of FR-SCC for practical uses. (Inqiad *et al.*, 2024) Machine learning and artificial intelligence techniques provide tools for developing predictive models that capture complex relationships between mix design variables and resulting properties.

A finite element modeling (FEM) framework was developed in ABAQUS, extending the concrete damage plasticity model to explicitly incorporate fiber characteristics, with numerical simulations demonstrating strong alignment with experimental results, capturing tensile behavior and failure patterns with deviations below 3%. (Alshahrani, 2025) Advanced computational methods now enable detailed simulation of SFRSCC behavior, potentially reducing experimental testing requirements while improving design accuracy.

4.6 Research Gaps and Future Directions

Despite significant research progress, several important knowledge gaps persist:

- 1. Long-term field performance:** Most studies focus on laboratory-controlled conditions with limited monitoring of field-cast structures over extended periods.
- 2. Cost-benefit analysis:** Comprehensive lifecycle cost analysis comparing SFRSCC to conventional reinforcement approaches remains sparse in the literature.
- 3. Combined loading conditions:** Research predominantly focuses on monotonic loading; performance under combined stress states, fatigue, and cyclic loading requires expansion.
- 4. Standardization:** Design guidelines and specifications for SFRSCC remain fragmented across different standards organizations (ASTM, EN, RILEM).
- 5. Scale effects:** Most research employs laboratory-scale specimens; behavior of large structural elements requires investigation.
- 6. Fire performance:** Fire resistance and behavior at elevated temperatures needs more comprehensive evaluation for high-rise construction.

5. Conclusion and Recommendations (600 words)

Steel fiber reinforced self-compacting concrete represents a mature and proven technology offering significant enhancements over conventional reinforced concrete in applications demanding superior durability, ductility, and crack control. The comprehensive body of peer-reviewed research demonstrates consistent mechanical and durability benefits across diverse mix designs, fiber characteristics, and testing methodologies.

Key Conclusions

1. Mechanical Enhancement: Steel fiber incorporation provides dramatic improvements in tensile strength (>100%), flexural strength (>250%), and fracture toughness (>45%), consistently transforming concrete failure behavior from brittle to ductile. SF improved the tensile capacity of SCC and avoid undesirable brittle failure, with results suggesting that the substitution of secondary cementitious materials in SF-reinforced SCC improves its compressive capacity. (Ahmad, Zhou and Deifalla, 2023) These properties justify the trade-offs associated with reduced workability.

2. Workability Optimization: While steel fiber addition reduces flowability, systematic mix design optimization—particularly regarding water-to-binder ratio, sand content, and fiber volume fraction—enables achievement of both adequate workability and superior strength. Steel fiber in SCC significantly improves its flexural strength, improved tensile properties, reduce cracking and improve durability. (Sharma and Singh, 2019)

3. Fiber Characteristics Significance: Fiber geometry (length, diameter, shape) substantially influences both fresh state and hardened properties. Hooked-end fibers maximize mechanical performance while straight fibers preserve workability better; crimped fibers offer intermediate optimization. Hybrid fiber systems demonstrate superior performance through complementary fiber-size interactions.

4. Durability Advantages: SFRSCC exhibits enhanced durability against freeze-thaw cycles, chemical attack, and underwater abrasion compared to plain SCC. Crack control

mechanisms significantly reduce ingress pathways for deleterious agents, improving long-term service life.

5. Practical Applicability: Recent research demonstrates successful SFRSCC applications in structural strengthening, pavement construction, and lightweight structures, with computational prediction methods enabling informed design decisions.

Recommendations for Practice

For Structural Engineers: - Specify SFRSCC for applications where crack control, ductility, or durability are critical design requirements - Optimize fiber content balancing strength enhancement (typically 0.5-1.0% by volume) against workability preservation - Employ quality control testing of fresh properties (slump flow, T500, L-box) to ensure consistent field performance - Consider advanced computational methods (FEM, ANN) for predicting performance in complex geometries

For Concrete Producers: - Establish standardized mixing procedures and equipment specifications ensuring consistent fiber dispersion - Develop quality control protocols monitoring both fresh and hardened properties - Consider incorporating recycled steel fibers from waste tires to enhance sustainability - Implement rheological characterization techniques going beyond basic workability tests

For Researchers: - Conduct long-term field monitoring studies documenting in-service performance of SFRSCC structures - Develop comprehensive lifecycle cost analysis comparing SFRSCC to alternative reinforcement approaches - Expand research into combined loading conditions, fatigue behavior, and high-temperature performance - Establish standardized specification frameworks for SFRSCC across international standards organizations - Investigate optimal fiber orientation control mechanisms for structural applications

For Code Development: - Develop evidence-based design guidelines incorporating fiber characteristics, mix design parameters, and performance prediction methods - Establish standardized testing protocols for SFRSCC fresh

and hardened properties - Create performance-based specifications enabling sustainable material innovations

Future Research Priorities

Priority research areas requiring immediate attention include: (1) comprehensive field performance validation of large-scale SFRSCC structural elements; (2) development of standardized design methodologies bridging multiple national codes; (3) expanded investigation of fire resistance and elevated temperature behavior; (4) cost-benefit analysis supporting economic justification for SFRSCC adoption; and (5) integration of advanced computational methods into practical design tools accessible to practitioners.

The substantial research progress documented in this review indicates SFRSCC has transitioned from experimental material to engineered solution ready for broader structural application. Overcoming remaining barriers to widespread adoption requires coordinated efforts among researchers, practitioners, standards organizations, and industry stakeholders to establish consensus design frameworks and demonstrate cost-effectiveness in real-world applications.

REFERENCES

- Abid, S.R. *et al.* (2021) 'Impact performance of steel fiber-reinforced self-compacting concrete against repeated drop weight impact', *Crystals* [Preprint]. doi:10.3390/cryst11020091.
- Ahmad, J., Zhou, Z. and Deifalla, A. (2023) 'Steel fiber reinforced self-compacting concrete: A comprehensive review', *International Journal of Concrete Structures and Materials* [Preprint]. doi:10.1186/s40069-023-00602-7.
- Alabdulkarim, A. *et al.* (2024) 'Behavior of lightweight self-compacting concrete with recycled tire steel fibers', *Buildings* [Preprint]. doi:10.3390/buildings14082463.
- Alshahrani, A. (2025) 'Explicit fiber modeling and experimental study of splitting tensile strength in self-compacting concrete with hooked-end steel fibers', *AIP Advances* [Preprint]. doi:10.1063/5.0306487.
- Alshahrani, A., Kulasegaram, S. and Kundu, A. (2025) 'Utilisation of simulation-driven fibre orientation for effective modelling of flexural strength and toughness in self-compacting concrete', *Construction and Building Materials* [Preprint]. doi:10.1016/j.conbuildmat.2024.139767.
- Amin, M. *et al.* (2023) 'Application of waste recycle tire steel fibers as a construction material in concrete', *Reviews on Advanced Materials Science* [Preprint]. doi:10.1515/rams-2022-0319.
- Djamila, G. (2025) 'Rheological optimization of steel fiber-reinforced self-compacting concrete (SFSCC) incorporating calcareous tuff powder (CTP)', *Jordan Journal of Civil Engineering* [Preprint]. doi:10.14525/jjce.v19i4.10.
- Gao, X. *et al.* (2025) 'A study of bond properties between steel fiber reinforced self-compacting concrete and conventional concrete', *Journal of Physics, Conference Series* [Preprint]. doi:10.1088/1742-6596/3113/1/012022.
- Ghasemi, M. and Mousavi, S. (2019) 'Studying the fracture parameters and size effect of steel fiber-reinforced self-compacting concrete', *Construction and Building Materials* [Preprint]. doi:10.1016/J.CONBUILDMAT.2018.12.172.
- Gong, C. *et al.* (2023) 'Tensile performance test research of hybrid steel fiber-reinforced self-compacting concrete', *Materials* [Preprint]. doi:10.3390/ma16031114.
- Hu, H. *et al.* (2025) 'Research on the mechanical properties of hybrid steel fiber-reinforced self-compacting concrete based on the DIC method', *PLoS ONE* [Preprint]. doi:10.1371/journal.pone.0322450.

- Inqiad, W. et al. (2024) 'Predicting 28-day compressive strength of fibre-reinforced self-compacting concrete (FR-SCC) using MEP and GEP', *Scientific Reports* [Preprint]. doi:10.1038/s41598-024-65905-5.
- Karatas, M. et al. (2019) 'High temperature effect on the mechanical behavior of steel fiber reinforced self-compacting concrete containing ground pumice powder', *Structural Concrete* [Preprint]. doi:10.1002/suco.201900067.
- Li, N. et al. (2021) 'Impact resistance of steel fiber-reinforced self-compacting concrete (SCC) at high strain rates'. doi:10.1016/J.JOBE.2021.102212.
- Liu, H. et al. (2025) 'Research on working and mechanical properties of self-compacting steel-fiber-reinforced high-strength concrete', *Buildings* [Preprint]. doi:10.3390/buildings15162875.
- Mahmoud, N.A., Mohammed, M.K. and Mansoor, Y. (2026) 'Strengthening of corroded reinforced concrete beam via optimized fiber reinforced self-compacting concrete jacket', *Research on Engineering Structures and Materials* [Preprint]. doi:10.17515/resm2026-1294ic1024rs.
- Mardani, A. et al. (2025) 'Feasibility of steel fiber-reinforced self-compacting concrete containing recycled aggregates – compliance with EFNARC guidelines', *International Journal of Sustainable Engineering* [Preprint]. doi:10.1080/19397038.2025.2538858.
- Naadia, T., Gueciouer, D. and Ghernouti, Y. (2025) 'Formulation and characterization of steel fiber reinforced self-compacting concrete (SFRSCC) based on marble powder', *Selected Scientific Papers - Journal of Civil Engineering* [Preprint]. doi:10.2478/sspjce-2025-0003.
- Ponikiewski, T. and Katzer, J. (2017) 'Mechanical properties and fibre density of steel fibre reinforced self-compacting concrete slabs by DIA and XCT approaches'. doi:10.3846/13923730.2016.1217922.
- Raju, R.A. et al. (2020) 'Effects of concrete flow on the distribution and orientation of fibers and flexural behavior of steel fiber-reinforced self-compacting concrete beams'. doi:10.1016/j.conbuildmat.2020.119963.
- Rao, Dr.M.V.S. and Junead, Md.P. (2019) 'Strength and durability studies on steel fibre reinforced self compacting concrete'. doi:10.32377/cvrjst1701.
- Sharma, S. and Singh, G. (2019) 'Enhancing the strength properties of self-compacting concrete with fiber reinforcement', *International Journal of Emerging Science and Engineering* [Preprint]. doi:10.35940/ijrte.e2284.078219.
- Sulthan, F. (2020) 'Influence of steel fiber shapes on fresh and hardened properties of steel fiber reinforcement self-compacting concrete (SFRSCC)', *IOP Conference Series: Materials Science and Engineering* [Preprint]. doi:10.1088/1757-899X/849/1/012062.
- Tamrakar, N. (2021) 'The effect of steel fibers type and content on the development of fresh and hardened properties and durability of selfconsolidating concrete'. doi:10.32920/ryerson.14662143.
- Zhang, M. et al. (2025) 'Fracture behavior of steel-fiber-reinforced high-strength self-compacting concrete: A digital image correlation analysis', *Materials* [Preprint]. doi:10.3390/ma18153631.
- Zhao, Y. et al. (2023) 'The effect of fiber volume fraction on fiber distribution in steel fiber reinforced self-compacting concrete', *Buildings* [Preprint]. doi:10.3390/buildings13051125.

Zhao, Y. *et al.* (2025) 'Study on the influence of fiber parameters on the mechanical properties of self-compacting concrete', *Construction Materials* [Preprint]. doi:10.3390/constrmater5020025.

